

Waltham Forest News

Your Council keeping residents informed

www.walthamforest.gov.uk

Issue 18, 19 April 2010

Grub's up!

Hospitality students host lunch for Grenadier Guards

The term 'feeding a small army' took on a very literal meaning when newly trained workers from the Council's Worknet scheme served a slap-up meal for members of the 1st Battalion Grenadier Guards.

The 18 hospitality students put their skills to good use, purchasing ingredients from nearby businesses before planning, preparing and serving up a tasty lunch for 40 hungry guests.

The idea had been put forward by Akona Training, one of the Council's training providers and the company who trained the eager students, ensuring they were equipped with top-flight skills and are now more than ready to enter and compete in the workplace. The guests were all veterans of operational tours in Afghanistan, some of whom had been wounded in the line of duty.

Hospitality student Tilly O'Neill-Sardella, from Chingford, told Waltham Forest News: "Meeting the soldiers who had just returned from Afghanistan was an eye opener and an opportunity I could never have imagined. I felt honoured to serve the men who are fighting for the good of us all."



Serving soldiers - Hospitality students dish up the tasty spread to members of the 1st Battalion Grenadier Guards.

She added, "The Akona training course was a great introduction to the hospitality industry and it has opened me

partnership is led by the Council and has support from Jobcentre Plus, the Learning and Skills Council as well as registered

and formal qualifications. The programme also offers a free screening and recruitment service to local businesses that want to tap into the wealth of local talent available.

"I felt honoured to serve the men who are fighting for the good of us all."

up to a new career prospect."

Worknet is an initiative that aims to help Waltham Forest residents enter the workplace and ensure they develop the skills they need. The Worknet

social landlords. Delivered by providers such as Akona Training, residents are trained, supported and given interview tips, help on crafting the perfect CV, on-the-job experience

More info

If you'd like to find out more about how you can get the skills, training and experience you need contact Worknet on worknet@walthamforest.gov.uk or 020 8496 3000.

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OPEN DAYS 2010

- Friday 7 May
- Thursday 9 September
- Friday 3 December


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In my opinion

Emma Selby
Waltham Forest resident



We are about to reach what could be one of the largest political mile stones in years, and on Thursday 6 May I will be grabbing my polling card and marching off to my nearest polling station just like everyone else. Except, like many other people in

the borough, this will be my first time.

I've waited eighteen long years to finally be able to mark my X in the box and it's about time too. With many of the political parties preaching manifestos that so clearly affect young adult's lives it's only fair we should get a say.

However I cannot pretend that my voice speaks for every young adult. I will not deny that all the importance you put on voting when you're young no longer seems to be there when you're actually old enough. It's not because they don't care or are too lazy but it's because they are not convinced that anyone will

I wait with a small amount of excitement, anticipation and sense of empowerment for my chance to vote.

listen. Most people's experience of democracy up to this point involves the votes being a popularity contest or a meaningless formality. We frequently do not see our ideas put into action and many young adults are wondering whether politicians are just too out of touch to care what we think.

With the scandal of the last year many people might argue that democracy has had its day, but with a new army of voters comes a new hope at change. As the largest untapped source of voters I can only believe that the power of the youth is far too underestimated and much stronger than people think.

I truly believe that if the public stand together and vote for what they believe in then the government can only listen.

Call it the naivety of the young but I'd at least like to clutch at the idea that I can have one say, one small X marked input into the way my country is run.

So as I watch the news, as I chat with friends and as I gather information on the morning train about what each party has planned for me I wait with a small amount of excitement, anticipation and sense of empowerment for my chance to vote.

Want to have your say?
If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.

Elections – your say

The local and general elections, which take place on Thursday 6 May, are fast approaching and Waltham Forest News readers have only one day left to make sure you can have your say. So now is the time to have your voice heard and vote for the people you think should run not just the Council but the country as a whole. Waltham Forest News took to the streets last week to get a taster of why the public think it is important to vote.



Claire Case
"I'm waiting to see the first TV debate. The issues I'm interested in are the NHS and education, which is something I'm more interested in since I have had a little one. Also crime, banking and how we are going to get out of recession. At a local level I am more interested in the Council elections than before."



Dora Spratt
"When I vote, I'll be thinking about everything I suppose, you live day by day and you have to consider all the things that have an affect on your life. "The main things will be crime and pensions for the elderly but I also want a better postal service as well. A lot of elderly people can't get to a bank so a good postal service is important."



Jason Duck
"I'll be thinking about things like education and schools. A lot of my decision will be based on presentation and how they come across, as well as what they say they are going to do and what the manifesto says their policies are. There are no particular issues locally that concern me."



Saleem Sabir
"I actually don't vote, in local or general elections. I don't think politicians listen to the people they are supposed to be representing, so I don't vote."



Nadeen Collymore
"I think it's important to vote because it's about exercising my right to. There are people in this world who can't vote in their countries so it's really important to make sure we do."



Jane Knight
"It's important to vote because it's about giving power to the people I want to run the country. It's the chance to show my support for the party whose ideas I agree with."

Fact file

- The local and parliamentary elections are happening on Thursday 6 May and it is very easy to vote.
- You can vote by post as long as you register to do so by 20 April or appoint a proxy to vote on your behalf by completing the appropriate application form by 5pm on 27 April. To find out more contact electoral services on 020 8496 3000.
- To vote at a polling station, tell staff your name and address and they will check you are on the electoral register and eligible to vote.
- You will be given a ballot paper listing the parties and candidates for each election you can vote for. It will be stamped with an official mark.
- Take your ballot paper into a polling booth so that no one can see how you vote. Read it carefully and follow the instructions. Do not write anything else on the paper or your vote may not be counted
- When you have marked your vote, fold the ballot paper in half and put it in the ballot box. Do not let anyone see your vote

More info
Keep your eyes peeled for the election special edition of Waltham Forest News that will be falling through your letterbox on 10 May. For more information about the election process in the meantime, visit www.walthamforest.gov.uk/elections or call 020 8496 3000.

Waltham Forest News

Editor: Jenny England
Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews@walthamforest.gov.uk or call 020 8496 3000.

Advertising and promotional enquiries:
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Easter family fun day

- Hundreds flock to WaterWorks Nature Reserve for fun packed activity day
- Exotic animals, free activities and arts and crafts enjoyed by visitors



Fun was had by all at last week's open day

More than 700 people flocked to the WaterWorks Nature Reserve and Golf Centre last week where they enjoyed a host of family orientated activities.

The event at the centre in the Lee Valley Regional Park, off Lammas Road, on

Wednesday 14 April, offered free activities such as balloon modelling, face painting, Tri Golf, seed planting and the opportunity to get up close and personal with exotic animals.

WaterWorks Manager Angie Oliva, said: "It's the

most successful open day we have ever had.

"There were over 120 children clamouring to play Tri Golf and the demand was such that we ran eight animal shows. "The café was bursting at the seams. It was great to see so many smiling faces, including the adults, and we can't wait for the next open day."

The centre also has a par three, 18 hole golf course, complete with a driving range and golf shop.

The site is more than 150 years old and was once home to the East London Waterworks Company which provided drinking water to the surrounding boroughs until the site was shut in the late 1970s.

In 1986 the site was handed over to the Lee Valley

Regional Park Authority and has been managed as a nature reserve ever since. In 2002, one of the largest bird hides was built over the central well head providing the 'Close Up On Wildlife' experience. Over 322 species of plants, 25 species of breeding birds and a quarter of all British butterflies have been recorded on the reserve.

There is also an interpretation area within the Visitor Centre providing information on the wildlife and the history of the filter beds.

More info

For more information about events at the nature reserve visit www.leevalleypark.org.uk or call 08456 770 600.

In brief

Literature festival

Thursday 13 May marks the start of the ever-popular Waltham Forest Literature Festival, and this year's event promises to be the best yet. Events will run at libraries across the borough until Saturday 22 May, featuring a wide variety of speakers, readings and workshops with something to tickle your fancy whether your bookshelves are piled high with well-thumbed Brontë classics or manga epics. The festival starts with a talk from feted local author Peter Hennessy entitled 'Catch-up History and the Cold War' at Walthamstow Library and will also feature the results from the borough's 'Great Reads' campaign, which asks residents to nominate their favourite book.

• **For more information on the Waltham Forest Literature Festival or to nominate your own 'Great Read' visit www.walthamforest.gov.uk/libraries**

Town square protocol

A new protocol designed to manage the use of stalls in Walthamstow Town Square has come into force. People or organisations who want to set up a stall in the Town Square or the Arcade site must apply for a space at least seven days in advance. They will receive a response from the Council at least two days before the date applied for. Each applicant is limited to two stalls and all applications need to be made by a person aged 18 or over. People aged up to 21 will need to provide proof of their age.

• **To apply to set up a stall, you can complete a Stall Application form available from Council offices or log on to www.walthamforest.gov.uk/licensing**

Gallery craft talk

Art lovers who've not yet made it along to the latest exhibition at the William Morris Gallery have all the more reason to do so on Thursday 29 April at at 7pm: a talk from furniture maker Nicholas Hobbs himself.

Entitled 'Quiet Hands', the exhibition features a selection of works from the Derbyshire-based craftsman, pictured below, who's been in the business of creating unique and individual furniture since

1993. On display are carefully hewn items such as chests, cabinets and a chair that can be picked up using just one finger yet can somehow carry a load of 23 stones.

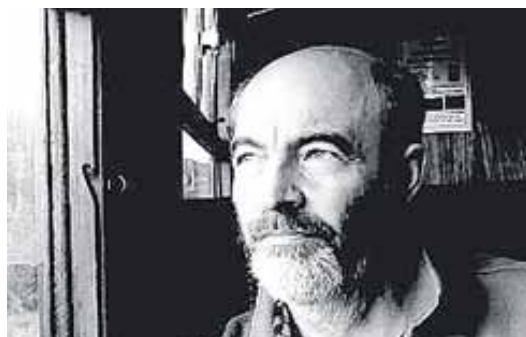
The career-spanning collection features work drawn from Hobbs' various domestic, corporate and ecclesiastical commissions and highlights the relationship he maintains with his clients. "I like taking risks and challenging work as a means

to develop skills," said the artist. "Much of my technically accomplished work looks deceptively – and deliberately – simple so as to encourage its use."

Inspired by the arts and crafts movement, Nicholas uses carefully-selected timber and traditional techniques for individual pieces as well as full-room design schemes. 'Quiet Hands' is his first solo exhibition and runs until 6 June. Entrance to the Gallery is free, and tickets for the talk itself are available from the William Morris Gallery.

More info

For more information on the current exhibition, opening times and the William Morris Gallery itself visit www.walthamforest.gov.uk/william-morris or call 020 8496 3000. To view further examples of Nicholas Hobbs' work, visit www.nicholashobbs.co.uk



Nicholas Hobbs, the man behind "Quiet Hands"

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In brief

College wins award

Waltham Forest College has been awarded the prestigious Investor in Careers (iC) accreditation – the first college from the 20 inner and outer North London boroughs to do so. iC is a national award recognised by organisations across the country. It demands high quality careers education designed to improve students' chances of finding employment when they leave full time education. To win the award, Waltham Forest College had to prove its commitment to careers education and guidance and ensure its activities met all students' needs and national guidelines.

- For more information on college courses available in Waltham Forest or for careers and jobs advice for young people, visit www.walthamforest.gov.uk/education or call Waltham Forest Direct on 020 8496 3000.



Spotlight on the pub trade

Vestry House Museum staff have teamed up with local history groups for an exhibition examining the borough's pubs and they'd like your help. Entitled 'Behind The Bar: The Licensed Trade In Waltham Forest', the exhibition launches in October and will include tales of brewers and temperance campaigners, landlords and customers, pub outings and public disorder. Along with the materials they've already compiled, the archivists are calling on residents to lend their photographs, advertisements and other Waltham Forest pub trade memorabilia. They can't promise to shout you a pint for your troubles, but we're sure that visitors to Vestry House will raise a glass in appreciation.

- For more information on how you can help contact the Museum on vhm.enquiries@walthamforest.gov.uk or 020 8496 3000.

Ever thought of fostering?

Foster Care Fortnight 2010 is just around the corner and this year, Waltham Forest Council will be asking everyone with room in their heart and home whether they have the skills to foster. Running from Monday 17 to Sunday 30 May, the nationwide campaign will aim to encourage everyone who has ever given thought to fostering a child to consider a career in fostering, and focus on providing more information about the personal and professional skills that a modern foster carer needs to fulfil their role as a child care expert. Events will be taking place across Waltham Forest, so look out in the next edition of Waltham Forest News for further details.

- To find out more about fostering in the borough, call the Adoption and Fostering team on 020 8496 3000 or visit www.walthamforest.gov.uk/adoptandfoster



Emma Pattison is one of several Waltham Forest social workers involved in the campaign

Local social workers are part of the difference

- Waltham Forest joins national campaign to recruit more social workers
- Six months in, huge numbers have applied for jobs across the country

After a difficult spell in the media spotlight, the tide may be turning in favour of social work once more.

This will come as welcome news for thousands of vulnerable people across the country, and Waltham Forest officers have played their part in this change of fortunes.

In September 2009, the borough joined forces with the Children's Workforce Development Council to help promote social care

through the national 'Be the difference' media campaign. Now just six months later, 54,000 people across the country have registered to become a social worker, with a further 52,000 students applying to study it at university.

Social worker Emma Pattison is one of several Waltham Forest officers to lend their know-how to the 'Be the difference' campaign. She spoke with Waltham

Forest News to explain her involvement.

"It could be easy to only focus on the positive side of social work as it is such a rewarding job," said Emma, "but to successfully recruit people, we needed to be honest about the necessary skills and the challenges that social workers face, so I was asked to talk about both sides of the job for a video on the 'Be the difference' website."

And Emma certainly sees both sides in her role within the First Response team; the first point of contact for anybody concerned about a child's safety.

"In First Response, we get around 40 referrals a day from the police, health workers or family members, so you have to be able to handle a busy workload as well as find the time to work closely with families. Both aspects of the job require specific skills and this campaign was about

attracting the people out there who could take this on."

But why was 'Be the difference' needed, for such an important job?

"Social work is not always marketed in a positive way, so there was a decline in the numbers of people applying for jobs," added Emma.

"What 'Be the difference' has proved is that when you show social work in a different light, when you talk to the people who actually do the job, it really does make a difference.

"Being a social worker is a great job – it's challenging, it's interesting and it's always different. When you know you've made a significant difference to the life of a child who is really at risk, all the hard work is worth it."



More info

For more information on how to become a social worker visit www.walthamforest.gov.uk/care or call 020 8496 3000.

A job vel done

- Eight week project to lift roof onto London 2012 Velodrome finished
- World Champion cyclist checks out the venue to celebrate

British track cyclist Ed Clancy, who picked up Gold at the Beijing 2008 Games, visited the London 2012 Velodrome earlier this month, to see the structure's huge roof fitted into place.

Construction work started on the Velodrome in March 2009 and the lifting of the cable-net roof took some eight weeks to complete, as it's 16km of cabling covers a staggering 5,000 square metres.

Fitting the distinctive double-curved roof, which was designed to reflect the shape of the cycling track, means that work can now begin to cover the roof and install the outer timber cladding of the venue.

If all goes according to plan, the venue is on track for completion in early 2011, which will make it the first Olympic Park venue to be finished.

Ed, fresh from being crowned World Champion

at the Track Cycling World Championships in March, said: "Becoming World Champion was an amazing experience and a reminder of the excitement of racing at a major championship so it was great to see the Olympic Park Velodrome."

"The Velodrome is already shaping up to be a fantastic venue and I can't wait to come back here to help Team GB continue our gold rush in 2012."

After the Games, in what is known as Legacy, a road cycle circuit and mountain bike course will be added to the 6,000-seat Velodrome and BMX Circuit to create a VeloPark for the wider community.

The VeloPark will also include a café, bike hire and cycle workshop facilities.

More info

You can keep up to date with the comings and goings on the Olympic Park at www.london2012.com where you can even check out activity using webcams.



Ed Clancy, definitely not wearing the latest Team GB footwear

In brief

Love Your Borough Awards

Do you have a friend or family member who makes the borough a better place to live? If the answer's yes, Waltham Forest Council wants to hear from you. The Love Your Borough Awards event is happening on Thursday 1 July to recognise the efforts of local people, businesses and groups that improve residents' lives and help promote pride in the borough. Anyone based in Waltham Forest can be nominated for an award, and there is still time to nominate before entries close on Monday 10 May.

• For more information about the Love Your Borough awards log on to www.walthamforest.gov.uk/love-your-borough or call 020 8496 3000

Students learn letter of the law

Students from Chingford Sixth Form were given a taste of the university life when they attended a lawyer training day in the centre of London. Employees from major law firms helped deliver workshops at the BPP Law School, near Holborn, to reflect real criminal cases in a bid to give the students an insight into what studying law at university would entail. A-level student Onika, said: "The lectures and advice was extremely helpful. My next aim is to succeed in my A-levels so I can pursue law for a career."

• For more information on Chingford Sixth Form, call 020 8529 1853 or visit www.chingford-school.co.uk

The right course for you...

Course	Start Date	End Date	Mode of Attendance	Standard Fee	Concessionary Fee
Accounting and Management					
City & Guilds Computerised Accounts Level 1	20 Apr 10	22 Jun 10	Evening	£199	No concession
AAT Level 4	26 Apr 10	01 Jul 11	Day/Evening	£1200	No concession
Diploma in Management Studies (DMS)	13 Sep 10	08 Jul 11	Day/Evening	£2950	No concession
Basic Skills					
Adult Literacy or Numeracy	20 Apr 10	04 Apr 11	Day	FOC*	FOC*
Engineering					
Basic Welding	19 Apr 10	02 Jul 10	Evening	£210	No concession
17th Edition IEE Wiring Regulations	19 Apr 10	02 Jul 10	Evening	£228.50	No concession
CAD using autocad	19 Apr 10	02 Jul 10	Tues/Thurs	£350	No concession
Hairdressing and Beauty Therapy					
Hairdressing Cutting and Blow Drying	19 Apr 10	02 Jul 10	Evening	£155	No concession
Long Hair Styling	03 Jun 10	23 Jun 10	Evening	£125	No concession
Nail Art Certificate	08 Jun 10	06 Jul 10	Evening	£152	No concession
Introduction to Hot Stone Therapy	07 Jun 10	28 Jun 10	Evening	£125	No concession
Introduction to Waxing	07 Jun 10	24 Jun 10	Day	£125	No concession
Hospitality, Catering and Events					
Butchery Skills and Techniques	26 Apr 10	31 May 10	Evening	£290	No concession
Events Stewardship	26 Apr 10	12 Jul 10	Evening	£350	No concession
Vegetarian Cooking	10 May 10	18 Jun 10	Evening	£170	No concession
Chocolate Course	10 May 10	11 Jun 10	Evening	£200	No concession
Fish Cookery	10 May 10	11 Jun 10	Evening	£180	No concession
Wine Course	10 May 10	11 Jun 10	Evening	£220	No concession
Gateau and Torten Course	10 May 10	11 Jun 10	Evening	£180	No concession
Cake Decoration Level 1	10 May 10	11 Jun 10	Evening	£380	No concession
Cake Decoration Level 2	10 May 10	11 Jun 10	Evening	£380	No concession
Cake Decoration Level 3	10 May 10	11 Jun 10	Evening	£450	No concession
Junior Chef Academy	10 May 10	11 Jun 10	Day	£60	No concession
Learning English					
Introduction to ESOL	06 Jul 10	15 Jul 10	Day	FOC*	FOC*
ESOL for Work Pathway 3	12 Apr 10	02 Jul 10	Day	£469	£59
EFL Part-Time	19 Apr 10	02 Jul 10	Day	£300	No concession
EFL Option 1	19 Apr 10	02 Jul 10	Day	£100	No concession
IELTS	20 Apr 10	15 Jul 10	Day	£300	No concession
IELTS	20 Apr 10	15 Jul 10	Evening	£150	No concession
Information Communications Technology (ICT)					
Fast-Track Microsoft Office Skills for Beginners	20 Apr 10	08 Jul 10	Day	£312.50	£44.50
Intensive Learn 2 Keyboard (Adict 5)	27 Apr 10	06 Jul 10	Evening	£112	£22
Intensive Learn 2 Keyboard (Adict 8)	27 Apr 10	06 Jul 10	Day	£112	£22
Intensive Level 1 Award Text Processing (Business Professional)	28 Apr 10	08 Jul 10	Day	£85.20	£25.20
Intensive Level 1 Certificate Text Processing (Business Professional)	28 Apr 10	08 Jul 10	Day	£85.20	£25.20
CISCO Networking CCNA 3	19 Apr 10	02 Jul 10	Evening	£295	No concession
Short Courses (Professional or Introductory Courses)					
Threading May 2010	TBA	One day course	Day	£100	No concession
National Certificate for Personal Licence Holders	21 Apr 10 05 May 10 09 Jun 10 07 Jul 10 04 Aug 10	22 Apr 10 06 May 10 10 Jun 10 08 Jul 10 05 Aug 10	Day	£110	No concession
Customer Care Training	12 Apr 10	One day course	Day	TBA	No concession
First Aid - appointed person	14 Apr 10	14 Apr 10	Day	£75	No concession
Level 2 Award in Team Leading (ILM)	22 Apr 10	20 May 10	Day	£495	No concession
Level 3 Award in First Line Management (ILM)	23 Apr 10	21 Apr 11	Day	£650	No concession
Appointed Person First Aid Course	14 Apr 10	14 Apr 10	Day	£75	No concession
Door Supervisor (BIIAB)	17 May 10	20 May 10	Day	£160	No concession
Short Courses (Evening 7.00-9.00pm, Day 10.00am - 3.00pm)					
Sage Accounting	09 Jun 10 12 Jun 10	10 Jun 10 12 Jun 10	Evening Day	£75 £75	No concession
Photoshop	07 Jun 10 19 Jun 10	08 Jun 10 19 Jun 10	Evening Day	£75 £75	No concession
Web Creation	25 May 10 12 Jun 10	27 May 10 12 Jun 10	Evening Day	£75 £75	No concession
Social Networking	18 May 10 15 May 10	20 May 10 15 May 10	Evening Day	£75 £75	No concession
Using the Internet for Research	11 May 10 08 May 10	13 May 10 08 May 10	Evening Day	£75 £75	No concession
Teacher Training					
Preparing to Teach in the Lifelong Learning Sector (PTTLS)	21 April 10	07 July 10	Evening	£257	£57

For more information about these courses call our Student Services Centre on **020 8501 8501**, visit our website at www.waltham.ac.uk, email info@waltham.ac.uk or just pop in and have a chat with one of our advisors at Forest Road, Walthamstow, London E17 4JB.

WALTHAM FOREST COLLEGE



*Free of Charge - No fees applicable to learners who meet LSC residency requirements ** Price on Application

Our Environment

In brief

Battery recycling

The Mall is to become one of the first shopping centres in the UK to trial a battery recycling scheme for shoppers. The centre in Selborne Walk, Walthamstow, is offering a collection point where shoppers can dispose of their old batteries and take away two new AA batteries in exchange. The trial coincides with the UK's launch of the Batteries Directive, an EU-wide ruling that imposes strict targets on the manufacturing, collection and recycling of batteries. Batteries for recycling can also be placed in special displays in Asda, Boots, Currys Digital, HMV, Poundland, Superdrug and WHSmith.



Lazy London Marathon

Energetic cyclists are being offered the chance to take part in a guided cycle ride to watch the London Marathon on Sunday 25 April. While thousands of people struggle round the world famous course, Waltham Forest Cycling Campaign have come up with a slightly easier alternative – The Lazy London Marathon. The free ride is suitable for people over eight with bikes which have 20 inch or larger wheels. Under 16s must be accompanied by a responsible adult and all participants should be able to ride safely on the roads. The tour starts outside Walthamstow Library at 9am.

• For more information contact Gerhard at gegiweiss@googlemail.com, by ringing 07894 035 571 or by logging on to www.wfcycling.org.uk

Dip into pond life

Families can have a good look at the fascinating animals lurking in the Suntrap Forest Education Centre pond at a special event on Saturday 8 May. Between 10am and 12noon mums, dads and children can visit the pond, carefully collect some of the fascinating animals which live there, and bring them back to the classroom to have a closer look using microscopes and hand lenses. The pond dipping costs £8 per family. Children must be accompanied by an adult. The event will take place at the Suntrap Forest Education Centre, Church Road, High Beach, Loughton, Essex.

• For more information and to book call Kerry Rolison on 020 8508 0611, or email suntrap.centre@walthamforest.gov.uk.



Pick up a bargain at the British Heart Foundation furniture and electrical store, Walthamstow.

A charitable spring clean

- Local charities can help you out while you give your home a springtime makeover
- Good quality home furnishings and electrical goods always wanted to help fund research and campaigns

It's the time of year where we rummage through the cupboards to sift out anything we no longer need and have a good old spring clean.

While clothes, toys, CDs and DVDs are easy enough to bag up and pop down to your local charity shop, if you've got grander plans you may be at a loss with what to do with larger items. While the Council will collect your busted, broken-down or generally unusable items like worn-out sofas, lumpy mattresses and spun-out washing machines for free, there's another option for your home furnishings and electrical goods that are still in good nick: donate them to one of the borough's specialist charity shops.

The British Heart Foundation furniture and electrical store in Walthamstow (The Mall, Selborne Walk, Walthamstow E17 7JF) is open seven

days a week and will pick up your unwanted furniture and electrical goods for free, provided they're of good, saleable quality.

As well as freeing up space with minimum hassle, you'll also be doing the environment a good turn by ensuring things don't go to landfill and helping fund the charity's research into curing and preventing heart disease. Alternatively, if you're looking for something new or nearly new to help furnish your own nest, why not just pop along and grab a bargain?

More info

For more information contact Gerhard at gegiweiss@googlemail.com, ring 07894 035 571 or log on to www.wfcycling.org



Volunteers make a pick-up

Cycle training wheely good

- Free cycle training for all adults who live or work in Waltham Forest
- Scheme offers one to one tuition and aims to encourage people to travel in a more environmentally friendly way



Waltham Forest Council is offering free cycle training to help improve fitness, reduce congestion and help the environment.

The training is open to anyone over the age of 16 who lives, works or studies in Waltham Forest and who wants to learn how to ride in a safer and more confident way.

Lessons are free, are held at a location and time of the student's choice and consist of a two-hour one on one lesson with an instructor.

One person who did the course, 25-year-old Nicola, said: "The course was quite useful in helping to build up my confidence and I was shown a few techniques that will come in handy when I'm riding on the roads, which can be really busy, especially in the rush hour."

"It is definitely a good idea. If you feel confident and safer on the roads, you're much more likely to use your bike to get about."

The scheme is part of wider efforts in Waltham Forest to encourage people to stop using cars and use more sustainable forms of transport, such as cycling and walking, instead.

Waltham Forest Council recently introduced a pool bike scheme between three of its sites to reduce car use by employees and encourage healthier activities by staff.

Cycling can be a fast, effective and safe way to negotiate Waltham Forest's roads

In brief



Love your planet

You can learn to be more friendly to the planet courtesy of the Organiclea Hawkwood Plant Nursery. The nursery is offering courses on permaculture – a way of living in a more sustained manner which aims to promote thriving and resilient communities. The Introduction to Permaculture Course on Saturday 24 and Sunday 25 April is aimed at adults, but supervised children can also attend. The course will be held at the nursery at 115 Hawkwood Crescent, Chingford.

• For more information and to book a place, email info@organiclea.org.uk or ring 020 8558 6880

More info

To find out more and book a lesson, contact **Cycle Training UK** on 020 7231 6005 or email info@cycletraining.co.uk



Libraries, Museum and Gallery Service presents

Waltham Forest Literature Festival 2010

This is our third Literature Festival in Waltham Forest. Once again we have a fully accessible programme packed with great writers and thinkers and some fantastic debates.

One of the highlights at this year's launch will be the results of our 'Great Reads' promotion, where readers have nominated their favourite books.

The ten most popular titles will be revealed on the launch evening on **Thursday 13 May 2010** at Walthamstow Library.

This year's programme includes author and speaker events, performances, workshops, poetry, theatre, storytelling, music and literary walks. We will be celebrating the very best in contemporary writing covering

all genres. There will also be an interesting and varied programme for younger readers with themes ranging from stories and tales to workshops looking at rhythm and rhymes.

We look forward to seeing you at each event, helping to make Waltham Forest Literature Festival 2010 bigger and better than ever!

To find out more about the Waltham Forest Literature Festival, and other events, visit your local library, call Waltham Forest Direct on 020 8496 3000 or visit www.walthamforest.gov.uk/libraries-whats-on



LOTTERY FUNDED



What's On

Sports and fitness

East London Runners Club

Wednesdays, 6.50pm

Wanstead Leisure Centre, Redbridge Lane West, Wanstead, E11 2JS
East London Runners are a group of people of all abilities who love running. The club runs out of Wanstead leisure centre every Wednesday evening. Pounding the pavements during the winter and running through Epping Forest in the summer. Those training for Marathon and Ultra distances meet at the weekends to clock up the mileage.

For more information go to www.eastlondonrunners.org.uk

Yoga for Pregnancy

Sundays 9.30am and 10.45am, Mondays 6.30pm

Walthamstow Toy Library, 46 Ravenswood Road, E17 9LY. Suitable for women from 16 weeks pregnant.

For more information and to book a place please contact walthamstowvillageyoga@hotmail.co.uk or call Helen on 07939 607853

Love to Walk - Power Walking Sessions

Every Tuesday, Thursday & Sunday 10 - 11am
Ridgeway Park, Peel Close, Chingford. With light Stretching and basic gym workout in the park. These are only held during the spring and summer, however if the weather is not good, it will be postponed until the following session. Sessions are free and anyone can take part. To find out more contact Dawn on 07957 171341.

Pilates classes

Wednesdays; beginners 6.30pm, intermediate 7.30pm



Leyton Parish Church Hall, Lindley Road, Leyton, E10.

Beginner and general level Pilates classes. Everyone is welcome, all ages and abilities, even those with injuries or specific conditions. Improve your strength, flexibility, coordination and general sense of well being, as well as many other benefits. £40 for 6 classes. Mats and small equipment provided. For more information please call Alison on 07976 404783,

Tell us what's on
walthamforestnews@walthamforest.gov.uk

Clubs and community

High Street Safer Neighbourhoods team surgery

Weds 28 April, 2.30-4.30pm
Harmony Hall, Truro Road (off High Street, Walthamstow)
Come and meet officers from the

High Street Safer Neighbourhoods team who can advise on concerns affecting residents and visitors in High Street Ward. Contact Safer Neighbourhoods Team, Market Office, High St Walthamstow. Call 020 8345 3270 or 07843 291115 or email HighStreet.SNT@met.police.uk for more information.

Past and present antiques and craft fair

Saturday 24 April, 10am-4pm
Christchurch Hall, Wanstead Place, E11 2SW
Collectables, antiques, vintage jewellery, clothes, perfumes and handbags, household items, curios, home preserves, plants, greetings cards, plants and lots more. Come and find a unique item or gift. A good place to pop in for a coffee or lunch with a friend and find a great bargain too. For further information email events2visit@gmail.com

Classic Car Nights

First Tuesday of every month, 7pm
The Pump House Museum, South Access Rd, Walthamstow, E17 8AX.
All types of classic car welcome. Hot and cold refreshments available to purchase on site, plus exhibition of trains, buses and fire engines. Call 020 8521 1766, log on to www.leavalleyexperience.co.uk or email lowhallpumphouse@googlemail.com for more information.

Wild Wild West Day

Monday 3 May, 10am-5pm
The Soul Project Family Activity Centre, 245 Wood Street, E17 3NT
Activities for the whole family. Meet our crazy cowboys, shoot out alley, fancy dress, gold mine, soft play area and so much more. Costs £3.50 for children, £1.00 for adults. For further information contact Steven

Barnabis on 0870 626 0710.

The World Malaria Family Fun Day

Saturday 24 April, 2pm-6pm
Queens Road Community Centre, 215 Queens Road, E17 8PJ
Family bazaar, bric-a-brac, food for sale, bouncy castle, stalls selling scarves, books and toys. Also face painting for children and henna painting. All proceeds go to www.malariamore.org.uk. For further information call Nosheena Javaid on 0798443228.

Voluntary Action Waltham Forest Training - The Tendering and Commissioning Process

Tuesday 27 April to Tuesday 11 May, 9.30am-4pm
Church Hill Business Centre, 6 Church Hill, E17 3RY
Attendees will be taught to understand the nature of grants, service agreements and contracts and the difference between them. For more information contact Sangita Zeline on 0208 521 0377 or visit www.voluntaryaction-wf.org.uk/training

Safer Workforce Forum

Tuesday 27 April, 4-7pm
41 West Street, Leytonstone, E11 4LJ
The Waltham Forest Children and Young Peoples Service Providers Network is holding a Safer Workforce event. It will include an introduction to the new regulations on vetting and barring for those who provide services for children and vulnerable people. For further information contact Sarah Kinson on 020 8521 0377.

Table Top Sale

Saturday 24 April, 10am - 3pm
Leytonstone Methodist Church, corner of Leytonstone High road and Lister Road. New and nearly new products like clothes, books, dvds, toys, plants, household items and more. Refreshment on sale. Admission free, come and support us in our fundraising event. To book a table call 02085397487 or 02085583981.

Walthamstow Floral Art Society

Fourth Thursday of every month, 7.30pm
Greenleaf Road Baptist Church, Greenleaf Road, Walthamstow. We are a small friendly club who meet once a month on the fourth Thursday of the month. We have a variety of demonstrations throughout the year. We welcome visitors and new

members. For more information go to www.walthamstowfloralart.wordpress.com or email: floralart@btinternet.com.

Highams Park Gardening Club

Second Tuesday of each month, 7.30 - 9.30pm.
Winchester Road Methodist Church Halls, Winchester Road, Highams Park
Topical presentations and seasonal advice. Open forum question time. Tips and help with presentation for showing your produce. Back to basics gardening for all the community. Admission £1.50 per meeting, including refreshments and raffle, Annual membership £4.50. For more information contact David Spicer on 0208 531 3178.

Waltham Forest Bridge Club

Monday and Thursday evenings, 7.30pm
Quaker Hall, 1a Jewell Road, Walthamstow. New players always welcome. For details please contact John on 07973 880080 or email jstimson30@yahoo.com

Over 60s Club

Emmanuel Ark Fellowship For Over 60s. Fridays 12.30 - 3pm.
Emmanuel Church Hall, Hitcham Road, Walthamstow.
Lunchtime club with home cooked food, exercise, dance and lots more. £4 a meal. Book lunch with Harry on 020 8558 9390.

Tell us what's on
walthamforestnews@walthamforest.gov.uk

Culture and crafts

E17 Designers Market

Friday 14 May, 7-10pm
Asian Centre, 18a Orford Road, E17 9LN
Keep craft alive! Come to E17 Designers Market - handmade products, including jewellery, fashion for all ages, accessories for the home and letterpress posters, art prints and more. Entry £1 - includes a free drink and entry to raffles of E17 Designers' goody bags. For more information go to www.e17designersmarkets.blogspot.com

In the making

Thursday 29 April, 7pm
William Morris Gallery, Forest Road, E17 4PP.

Meet Nicholas Hobbs whose furniture is on display in the Quiet Hands exhibition at the William Morris Gallery. In this illustrated talk he will explore his approach to furniture making, working relationships and life.

For more information go to www.walthamforest.gov.uk/william-morris

The Chingford Singers and Chingford Sinfonia Ensemble - Rediscovered Lotti

Saturday 22 May, 7.30pm
Chingford Parish Church, The Green, Chingford E4. Performance of two major works by Venetian Antonio Lotti, Miserere and Gloria. Programme also includes Handel's organ concerto 'The Cuckoo and the Nightingale (soloist Michael Emerson), Monteverdi's Beatus Vir, Purcell's 'My Beloved Spake' and Chacony in G minor, and Bach Chorales 'Jesu Joy' and 'Flocks in pastures'. Tickets, which are available at the door, cost £10 for adults, concessions £8 for concessions and £2 for under 15s.

E17 Jazz

Thursday 6 May, 8.30-10.30pm
The Rose and Crown, 55 Hoe St, Walthamstow, E17 4SA.
The Auckestra; Joe Auckland - Trumpet, James Alsopp - Tenor sax/Bass Clarinet, Rob Updegraff - Guitar, Dave Manington - Bass, Ben Reynolds - Drums. Call 020 8509 3880 for more information.

Open Mic night

First Wednesday of every month, 9.45pm
The Rose and Crown, 55 Hoe St, Walthamstow, E17 4SA.
Open mic night hosted by Graham Larkbey & Friends. All performers and styles welcome - but arrive by 9.45pm to be sure of getting a spot! For more information contact Graham Larkbey on 07972 508543.

Chapel End Savoy Players "Iolanthe"

Wednesday 19 to Saturday 22 May, 7.45pm (with 2.30pm matinee on Saturday)
Deaton Theatre, Forest School, College Place, E17 3PY
Chapel End Savoy Players, who have been performing Gilbert and Sullivan operas for 36 years, present the much-loved comic opera Iolanthe. The ageless classic opera is full of political satire that stands the test of time. The fully costumed production will be accompanied by an orchestra, and there is enjoyment to be had for young and old alike. Tickets range from £5 to £10 and there will be a



Saturday Matinee performance.
For tickets, please call the Box Office on 020 8527 0215, e-mail boxoffice@cesp.org.uk, visit www.cesp.org.uk or buy some at the door on the night.

Jazz night

Every Wednesday, 8pm
The Heathcote Arms, 344 Grove Green Road, Leytonstone. A weekly chance for jazz instrumentalists and singers to join Annie Dehaney-Steven and the house band. Come and play, sing or listen!

Saborflamenco

Friday mornings; Technique (beginners welcome) 9.45am, improvers/advanced 11am-12noon
Stephenson Road, Walthamstow, E17 7GB
Flamenco classes. £8 for both sessions.
Call 0780 4879 294 for more information.

Line Dancing

Every Tuesday; 7-8pm
Beginners, 8-11pm Improver and Intermediate. Thursday afternoon, 1-3pm Beginners.
Walthamstow Trades Hall Club, Tower Hamlets Road, Walthamstow E17 4SB.
Dancers and listeners welcome.
Call Lesley 07968 036373 or go to www.timezonelinedance.com

E17 Jazz

Thursday 22 April 8.30-10.30pm
The Plough, 173 Wood St, Walthamstow, E17 3NU.
Stan Sulzmann's Neon Quartet; Stan Sulzmann – Saxophone, Jim Hart – Vibes, Kit Downes – Piano, Tim Giles - Drums
This will be the first ever appearance of the Neon Quartet

the borough. By joining this friendly social group, you will learn how to cast on, some basic and advanced stitches, use a range of fibres and yarns and different sized hooks and much more.

For more information call 020 8531 9990 or email gulsun.faik@circleanglia.org

Sequence Tea Dance Club

Thursday afternoons, 1pm – 3.30pm

Leyton Parish Hall, Lindley Road, Leyton. Afternoon Sequence Tea Dances with tuition. £2.50 per person, tea and biscuits included. Call 020 8524 0384 or email cmudd60@yahoo.co.uk for more information.

Tell us what's on

walthamforestnews@walthamforest.gov.uk

Children and Young People

Athletics Coaching for children and young people

Every Thursday, 4pm-5pm
Priory Court Community Centre, 11 Priory Court, South Countess Road, Walthamstow
Circle 33 have teamed up with Orion Harriers Cross Country & Athletics Club to offer free athletics coaching sessions for school children in years 5, 6, 7 and 8. These fun and physical sessions, which are funded by the Walthamstow West Community Council, take place every week by an experienced level 4 UKA coach.
For more information contact Jane Farrier 07790 737 164 or



Gulsun Faik on 020 8531 9990 or email: gulsun.faik@circleanglia.org

NinaLaZina Futsal

Every Saturday 10.30-11.30am.
The Score centre, Leyton. Have fun with Brazilian Style Football. Coaching for girls and boys aged 6-11 years. Improve your skills and techniques. All staff CRB checked and qualified coaches. Contact 0208 988 7887 for more details or email info@ninalazina.com

Parent and Baby Yoga

Monday afternoons, 12.45-13.45pm for babies aged six weeks to five months, 13.45-14.45pm for babies five months and over

5-week courses running at Walthamstow Toy Library on Monday afternoons.

For more details and to book a place please contact walthamstovillageyoga@hotmail.co.uk or call 07939 607853.

Highams Park Youth Club

Every Tuesday (term time) 7.30 - 9.30 at Winchester Road Methodist Church. Come along and enjoy table tennis, pool, Wii Games and more. Meet with friends old and new.

All young people age 13 - 17 welcome.

Stories, fun and games at Walthamstow Library

Every Thursday, 10.30am
Walthamstow Library, High Street, Walthamstow. Fun time for youngsters.

Story Time at Higham Hill Library

Every Tuesday, 11.30am
Higham Hill Library, North Countess Road, Walthamstow.
Story time for youngsters.

Tell us what's on

Call 020 8496 3000





KINGDOM GOSPEL CHURCH
HAS COME TO A STREET NEAR YOU!

If you are looking for:

- A godly atmosphere for you and your family
- Friends who love God and cherish people
- A church that networks with the community
- A place where you can grow spiritually
- An environment to develop your gifts and talents

Then look no further!

JOIN US EVERY SUNDAY FOR FAMILY WORSHIP SERVICE
@ Belmont Park School
Leyton Green Road, Leyton, London E10 6DB

Service time: 11.00am - 1.00pm

Come and experience the warmth, welcome, and fellowship in KGC!
For a friendly chat, call Sunny on 07932 011976 or 0208 523 4640

Temporary Vehicle Maintenance Operative/Driver (16 weeks)

Salary: £8.32 per hour
Hours: 22 hours per week for 16 weeks

An opportunity has arisen to join Community Transport Waltham Forest to assist in the general day to day management of the CTWF fleet. Duties include general maintenance of vehicles, cleaning and seat changes. Post also requires occasional driving.
General mechanical experience essential, D1 driving licence entitlement essential. Valid CRB desirable.

Location: Community Transport Waltham Forest, Low Hall Depot, Argall Avenue, Leyton E10 7AS

Closing date: 26 April and interviews will be held week of 3rd May

For more details and an application pack, please contact 020 8521-0665, or email: Peter@ctwf.co.uk



Driven by our community

ahead newsletter

For Waltham Forest Council tenants and leaseholders

April 2010 ■ issue 13

Useful numbers

Annual Gas safety checks. If we have written to you with an appointment please contact Julie Brady:
020 8496 2691.

Ascham Direct:
020 8496 4197

Smell gas?
Contact National Grid on
0800 111 999

Antisocial behaviour reporting:
020 8496 4011

Rent hotline:
020 8531 8097

National Domestic violence helpline 24 hour :
0808 2000 247

Women's Trust Advocacy. Provides women-only services to women who have been or are affected by domestic violence:
020 7034 0304 or
07747 080946

Citizens Advice Bureau:
Walthamstow:
0844 826 9696 or
Leytonstone:
020 8988 9620

Children's art competition

Stephanie Pascoal, from Walthamstow, is the talented winner of this year's Children's Art Competition. We invited budding artists to send us their artwork to be judged and displayed in our offices at Willow House on Forest Road, Walthamstow.



Stephanie, aged nine, was delighted she had won £50 of WHSmith vouchers for her winning artwork and said: "I am going to spend my money on books for school." Stephanie, is already thinking ahead about her SATS, and has a book wish list for her studies.

Our thanks go to Kier Building Maintenance who sponsored this competition.

Rents team here to help you

We have set up partnerships with the Citizens Advice Bureau, ELFI (East London Financial Inclusion Unit), WorkNet and Waltham Forest Community Credit Union. We can also give you a benefits health check to help boost your income by making sure you are getting the benefits that you may be entitled, telephone 020 8531 8097.

Here are some comments from tenants who have already been in touch with our Rents team:

Miss F of Chingford, said: "The service helps tenants have quick access to benefits and other services."

Mrs T of Walthamstow, said: "I always phone the Rent team as they can give me an answer in seconds, they are very helpful and compassionate."

Mr L of Walthamstow, said: "The overall service has greatly improved over the last few years."

Our performance for the month of February 2010	Current performance	Status
Estate inspections: We aim to make sure 99% of all inspections are carried out	98.5%	
Leasehold service charge collection: We aim to collect 85% of Service Charges (February's target)	101.8%	
Rent collection: We aim to collect 98%	95.6%	
Right to repairs: We aim to complete 98.5% of urgent repairs on time	99.9%	
Repair appointments made and kept: We aim to make and keep appointments for 98% repairs	98.5%	
Average time to complete repairs: We aim to complete responsive repairs in 9 days	6.7 days	
Repairs right first time: We aim to complete 80% of repairs 'right first time'	90.8%	
Resident satisfaction with day to day repairs: We aim to achieve 90% satisfaction for day to day repairs	90.3%	
Resident satisfaction with major works: We aim to achieve 90% satisfaction for major works completed	98.1%	

In February 23 out of 30 Performance Indicators (77%) achieved a green status

Leyton



Babies and toddlers come along for the ride

Mums get 'Buggyfit'

- New exercise sessions help mums tone up and meet new friends along the way
- No special pram or buggy is needed and grandparents and dads can come along too



Thelma Mensah is ready to get local mums buggyfit.

Mums looking for a way to help fight the battle of the baby bulge usually face the question; what to do with baby while exercising? Well worry no more; help is at hand in the form of Leyton resident Thelma Mensah and the local branch of Buggyfit.

Buggyfit is an outdoor fitness class for mums of all ages and abilities where baby and buggy come too. The sessions last an hour and are a mix of power walking and strengthening exercises designed to tone muscles that have become weak during pregnancy and birth. It's also a

"The beauty of Buggyfit is that baby comes along with you so there is no need for a crèche or babysitter, and it's great group support for mums."

way to meet other mums and babies in the local area.

Thelma decided to become a Buggyfit instructor when she was made redundant while pregnant. She said: "The beauty of Buggyfit is that baby comes along with you so there is no need for a crèche or babysitter, and it's great group support for mums who can often feel lonely and isolated after giving birth."

Buggyfit is suitable for all mums who have had their six-week check (eight-10 weeks for caesareans) from

their doctor. The sessions take place at 10.30am on Mondays at the Waterworks Nature Reserve, Lammas Road, (off Leabridge Road) Leyton, E10 7NU. Sessions cost £7 pay-as-you-go or £30 for a six-week pass.

More info

For more information on Leyton Buggyfit classes call Thelma on 07974 569038, email after9fitness@hotmail.com or log on to www.buggyfit.co.uk

In brief

Dawn Chorus Walk

Twitchers can enjoy the wonders of the early morning bird song with a group of experts at the Waterworks Nature Reserve. If you can drag yourself from your bed for a 6am start on Saturday 24 April, the Dawn Chorus Walk will get your leg muscles going and treat your ear drums as well. The event costs £3, runs until 8am and includes breakfast. People who are interested need to book in advance and meet the rest of the group at the Waterworks Nature Reserve and Golf Centre in Lammas Road, off Lea Bridge Road in Leyton.

• For more information and to book, contact Lee Valley Information Service on 08456 770 600.



Leyton Ju Jitsu Club

Leyton Ju Jitsu Club is encouraging anyone interested in taking up a martial art or wanting to learn about self defence to come along to one of their training sessions to find out more. The club, which originally trained in Leyton but is now based at William Morris Community Centre, Walthamstow, runs a kids club from 6.30-7.30pm every Monday and senior's sessions from 7.30pm on Mondays and Thursdays. Ju Jitsu is a traditional Japanese martial art that incorporates strikes and throws and originated as an ancient unarmed combat system. Modern day Ju-Jitsu is based on these principals and is largely orientated to self-defence. The club welcomes beginners and those who are curious to try, look or ask questions.

• To find out more log on to www.leytonjujitsuclub.sports.officelive.com or email jujitsu.Leyton@ntlworld.com

Expansion plans await approval

The public consultation on plans for an expansion at George Tomlinson Primary School, Vernon Road, has now come to an end. The Council now has to decide whether to act on the proposals within two months of the consultation finishing. If approved, the expansion would lead to an additional reception class, which means each new reception year will have 90 pupils instead of 60 from September 2011.

• Waltham Forest Council has to provide every primary-aged child with a school place. To find out more about plans to provide more primary places, contact the School Investment team on 020 8496 3000 or visit www.walthamforest.gov.uk/education

Our Future

In brief



Get your vote on

As no one who's watched TV, turned on the radio or picked up a newspaper can have failed to notice, the elections – both local and national – are nearly upon us. On 6 May you'll get the chance to have your say as to who should be running both the Council and the country, so if you're registered to vote make sure to check up on where your polling station is and earmark ten minutes or so of your time to stroll along between 7am and 10pm to make sure your views are taken into account.

To find out more visit www.walthamforest.gov.uk/elections or call Electoral Services on 020 8496 3000.



Help is at hand for mums wanting to work

Women Like Us

- Scheme helps mums get back to work
- Advice available for all people wanting to get into work or improve skills

TARGET YOUR CUSTOMERS SUCCESSFULLY



With 110,000 copies delivered to homes & business in Waltham Forest.

"Taking out a full ad on the back page was certainly the right thing to do. The response has been unbelievable. Since its publication, we have been inundated with calls with regards to our family activity centre and wider services."

Stephen Barnabis - Tumble in the Jungle - www.tumbleinthejungle.com

"The session went very well - we had enough people attend to mean that we can go ahead with running the course next year. Thanks for your help with the advert."

Chris Hatfield - Birkbeck, University of London - www.bbk.ac.uk

Don't waste time, to advertise in Waltham Forest News please call 020 8496 3000 (press option 6) and ask for Sunil Duggal or email: advertisingwfn@walthamforest.gov.uk

We reach more people than any other local publication

Getting back into the job market after a break or making those first tentative steps into the working world can be a daunting task at the best of times, let alone when you're trying to juggle ambitions with a hectic family life.

Good news, then, for wannabe working mums who are looking for help to do just that: Women Like Us is here to help. The scheme was launched by two women who recognised a lack of

good quality part-time job opportunities was effectively keeping many talented women out of the workplace.

Having seen a gap in the market, Women Like Us was born, the initiative aiming to not just give practical support and advice to women wanting to get back into the workforce, but also form a recruitment service that specialises in part-time jobs.

Women Like Us also works with employers, helping to design part-time

jobs that meet the needs of their individual business and ensure firms get the expertise they need to help their business grow without necessarily paying for a full-time member of staff.

The Council also offers help to residents who want to get back to work or update their skills through the Worknet strategy. Worknet is a partnership supported by Jobcentre Plus, the Learning and Skills Council and housing associations that helps people in Waltham Forest enter and develop in work through programmes that already exist. Worknet offers free advice on a host of subjects including childcare, vocational skills development, job preparation and financial support.

More info

To find out more about Women Like Us, visit www.womenlikeus.org.uk or call 020 7281 6522. To find out more about the Council's WorkNet strategy visit www.walthamforest.gov.uk/worknet or call 020 8496 3000.





Residents are asked to report anti-social behaviour like graffiti

Say no to anti-social behaviour this summer

- Anti-social behaviour targeted as the nights get lighter
- Residents should not tolerate nuisance problems

The Council, police and housing providers are keen to reduce anti-social behaviour in Waltham Forest because it can wreck residents' quality of life.

Waltham Forest Council wants residents to report potential problems with bad behaviour during the summer months to stop them getting out of hand.

As well as causing disturbance and distress, anti-social behaviour can result in

damage to property and make an area less desirable to live in.

But despite the potentially serious effects of anti-social behaviour, many people do not report issues such as graffiti, noise nuisance, criminal damage and harassment that affect them, and instead hope they will go away if they ignore them.

Data obtained by the Council shows that this is rarely the case and in many instances the nuisance problems continue, and

in some cases get worse, if nothing is done to tackle them.

In fact, in approximately three quarters of cases early intervention by the police, council or housing provider results in the anti-social behaviour stopping altogether without the need for further action like the issuing of ASBOs or acceptable behaviour contracts.

There is a wide range of options available to the Council and police when

tackling anti-social behaviour, ranging from mediation to enforcement action, and few require a complainant to appear in court.

More info

For more information about tackling anti-social behaviour call 020 8496 3000 or log on to www.walthamforest.gov.uk/asb You can locate your local police safer neighbourhood team by visiting www.met.police.uk

In brief

Top dogs

Dog owners can take advantage of a free course designed to tackle canine anti-social behaviour that might make you unpopular with your neighbours. Topics covered include obedience, noise control, aggression management and poor behaviour. The event takes place between 8am and 1pm at Lea Valley Regional Park, people who are interested in attending should meet at Coppermill Lane behind the Lea Valley Ice Centre, Lea Bridge Road on Sunday 25 April.

• For more information contact Lee Valley Information Services on 08456 770 600.



New borough commander appointed

The Metropolitan Police Service has appointed Steve Wisbey as the new borough commander for Waltham Forest. Chief Superintendent Wisbey has been acting borough commander for eight weeks, but official took up the job permanently on 6 April. He previously worked in the borough between 1991-96. Mr Wisbey said: "The borough has seen a constant decline in violent crime, but it's still a massive priority for me. Fear of crime has a very real impact on peoples' quality of life whether they're young and old, so I see a big part of my role as getting out and about so that I can hear residents' views, engage with them and reassure them."

Just criminal

Residents had the chance to learn about how punishments are given to criminals at a special Sentencing Awareness Evening. The event at Waltham Forest Town Hall aimed to explain and show how criminal courts deal with the sentencing of convicted offenders. It aimed to give members of the community a better understanding of the principles involved in sentencing both adults and children. Magistrates and representatives from other organisations within the criminal justice system were also on hand to answer questions.

• For more information about the sentencing of offenders visit the Ministry of Justice website at www.justice.gov.uk

Public Notices

Highways

LONDON BOROUGH OF WALTHAM FOREST PROPOSED AMENDMENTS – COOPER AVENUE AREA

The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 2) Order 2010 The Waltham Forest (Bus Stop Clearways) (Amendment No. 2) Traffic Order 2010

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on 16th April 2010 made the above-mentioned Orders under sections 6, 45, 46 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the Orders, as part of a major scheme of various improvements for the Cooper Avenue area, will be to:-
- (a) Introduce waiting restrictions operating "at any time" into certain sections of Amber Avenue, Banbury Road, Cogan Avenue, Cooper Avenue, Cormorant Close, Folly Lane, Grebe Close, Greenshank Close, Lawrence Avenue, McEntee Avenue, Osprey Close, Sinnott Road, Swift Close and Valognes Avenue;
- (b) Introduce new, or extend the lengths of existing footway parking places in certain sections of Cogan Avenue, Cooper Avenue, Lawrence Avenue, McEntee Avenue, Sinnott Road and Valognes Avenue;
- (c) relocate an existing bus stop clearway operating "at any time" and an existing bus stand operating "at any time" in Folly Lane.
3. Copies of the Orders, which will come into operation on 2nd August 2010 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at:- (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) Low Hall, Argall Avenue, London, E10 7AS.
4. Any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Orders, make application for the purpose to the High Court.

Dated 19th April 2010 Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST BELLE VUE ROAD AND FOREST ROAD AREAS INTRODUCTION OF WAITING RESTRICTIONS, 40MPH SPEED LIMIT, BUS STOPS AND AMENDMENTS TO PARKING

The Waltham Forest (Waiting and Loading Restriction) (Amendment No. 3) Order 2010 The Waltham Forest (Bus Stop Clearways) (Amendment No. 3) Traffic Order 2010 The Waltham Forest (40mph Speed Limit) (No. 1) Order 2010

1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest on 16th April 2010 made the above-mentioned Orders under sections 6, 84(1) (a) and (2) and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the waiting and loading Order will be to:-
- (a) introduce waiting restrictions operating "at any time" at the following junctions: Belle Vue Road and Beacontree Avenue, Belle Vue Road and Hillcrest Road, Belle Vue Road and Castleton Road, Belle Vue Road and Ulverston Road, Belle Vue Road and Woodstock Road, Belle Vue Road

- and Hale End Road, Belle Vue Road and Carnanton Road, Belle Vue Road and Grantock Road' Pentire Road and Carnanton Road, Pentire Road and Grantock Road, Pentire Road and Hale End Road, Pentire Road and Beacontree Avenue. Castleton Road and Forest Road, Fernhill Court and Forest Road, Hillcrest Road and Forest Road, Beacontree Avenue and Forest Road, Ulverston Road and Forest Road, Winsbeach and Forest Road, and Woodstock Road and Forest Road;
- (b) introduce waiting restrictions operating "at any time" into certain sections of Forest Road, between its junctions with Hale End Road and Woodford New Road;
- (c) introduce waiting restrictions operating 7am to 7pm Mondays to Saturdays into certain sections of Forest Road, between its junctions with Hale End Road and Woodford New Road;
- (d) relocate the start and end points of an existing clearway operating "at any time" in Forest Road, from its junction with Beacontree Avenue to its junction with Woodford Road.
3. The general effect of the bus stop clearway Order will be to introduce 6 new bus stops and 1 new bus stand operating "at any time" into certain sections of Forest Road, between its junctions with Hale End Road and Woodford New Road;
4. The general effect of the speed limit Order will be to introduce a 40mph speed limit into a section of Forest Road between its junctions with Woodford New Road and Beacontree Avenue.
5. The Council will also amend the layout of existing footway parking places in Beacontree Avenue, Carnanton Road and Grantock Road, introduce new footway parking places in certain sections of Forest Road, between its junctions with Hale End Road and Woodford New Road, relocate the position of and existing Puffin Crossing in Forest Road, to outside No. 1051 Forest Road and introduce a new zebra crossing into a section of Forest Road, east of No. 1013 Forest Road.
6. Copies of the Orders, which will come into operation on 2nd August 2010 and other relevant documents can be inspected during normal office hours on Mondays to Fridays inclusive until the expiration of a period of 6 weeks from that date, at:- (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) Low Hall, Argall Avenue, London, E10 7AS.
7. Any person desiring to question the validity of the Orders or of any provision contained therein on the grounds that it is not within the relevant powers of the Road Traffic Regulation Act 1984, or that any of the relevant requirements thereof or of any relevant regulations made thereunder has not been complied with in relation to the Order may, within six weeks of the making of the Orders, make application for the purpose to the High Court.
- Dated 19th April 2010**
Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS
- LONDON BOROUGH OF WALTHAM FOREST
PROPOSED INTRODUCTION OF WAITING
RESTRICTIONS – STATION ROAD, E4
The Waltham Forest (Waiting and Loading
Restriction) (Amendment No. *) Order 20****
1. NOTICE IS HEREBY GIVEN that the Council of the London Borough of Waltham Forest propose to make the above-mentioned Order under section 6 and 124 of and Part IV of Schedule 9 to the Road Traffic Regulation Act 1984, as amended.
2. The general effect of the Order would be to:-
- (a) introduce waiting restrictions operating Monday to Saturday 7am to 9am within the length of an existing voucher parking place operating Monday to Saturday 9am to 5pm on the north-west side of Station Road, E4, at its junction with Willow Street, in order to allow loading activity to take place at this location at these times;

- (b) introduce waiting restrictions operating "at any time" adjacent to the above voucher parking place in order to differentiate it from an adjoining parking place.
3. A copy of the Order, the Council's statement of reasons for proposing to make the Order and of plans showing the location and effect of the Order can be inspected during normal office hours on Mondays to Fridays inclusive until the end of a period of 6 weeks from the date on which the Order is made or the Council decides not to make the Order, at (a) The Information Desk, Town Hall, Forest Road, Walthamstow, E17; (b) The Waltham Forest Direct Shop, 265 Chingford Mount Road, Chingford, E4 8LP; and (c) The Reception Desk, The London Borough of Waltham Forest, Low Hall, Argall Avenue, London, E10 7AS.
4. Any person desiring to object to the proposed Order or to make any other representation should send a statement in writing of either their objection and the grounds thereof or of their representation to Traffic Orders, Engineering Design, Low Hall, Argall Avenue, London, E10 7AS by the end of a period of 21 days from the date on which this Notice is published. All objections must specify the grounds on which they are made.

For more information please telephone 020 8496 3000 quoting reference 2010T09

Dated 19th April 2010 Mr. K. Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS

LONDON BOROUGH OF WALTHAM FOREST ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14(1) THE WALTHAM FOREST (BELLE VUE ROAD, COOPER AVENUE AND FOREST ROAD AREAS) (TEMPORARY PROHIBITION OF TRAFFIC) ORDER 2010

1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that on 16th April 2010 it made an Order to enable lining works to be carried out in a safe and efficient manner in certain roads, the general effect of which will be, only at such times and to such extent as regulatory signs are displayed, to close to vehicles (except works vehicles) in these roads.
2. Whilst the works are being carried out, no person shall cause or permit any vehicle to enter or wait for any purpose, at any time, in the following sections of roads:-
- | | |
|---|----------------------|
| (a) Amber Avenue | (o) Greenshank Close |
| (b) Banbury Road | (p) Hale End Road |
| (c) Beacontree Avenue | (q) Hillcrest Road |
| (d) Belle Vue Road | (r) Lawrence Avenue |
| (e) Carnanton Road | (s) McEntree Avenue |
| (f) Castleton Road | (t) Osprey Close |
| (g) Cogan Avenue | (u) Pentire Road |
| (h) Cooper Avenue | (v) Sinnott Roa |
| (i) Cormorant Close | (w) Swift Close |
| (j) Fernhill Court | (x) Ulverston Road |
| (k) Folly Lane | (y) Valognes Avenu |
| (l) Forest Road, between its
junctions with Hale End Road
and Woodford New Road | (z) Winsbeach |
| | (aa) Woodstock Road, |
- (m) Grantock Road
(n) Grebe Close
3. Whilst the prohibitions referred to above remain in force, alternative routes for traffic will be indicated by traffic signs.
4. Vehicles waiting in disregard of this Order will be removed.
5. The prohibitions mentioned above will not apply in relation to any vehicle being used -
- (a) in connection with the said works; or
- (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.
6. The Order will come into operation on 1st June 2010 and will be valid for a maximum period of 10 months or until the works are completed, whichever is the sooner.
- NOTE: The roads will not be closed simultaneously but in a sequence as directed by the Council. Leaflets will be

- distributed and signage placed in advance of any works in the above mentioned roads which will give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.
- Dated 19th April 2010**
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7AS
- LONDON BOROUGH OF WALTHAM FOREST
ROAD TRAFFIC REGULATION ACT 1984 - SECTION
14(1) THE WALTHAM FOREST (VARIOUS ROADS
HIGHWAYS MAINTENANCE) (NO. 2) (TEMPORARY
PROHIBITION OF TRAFFIC) ORDER 2010**
1. The Council of the London Borough of Waltham Forest HEREBY GIVES NOTICE that it intends making an Order to enable resurfacing works to be carried out in a safe and efficient manner in certain roads, the general effect of which would be, only at such times and to such extent as regulatory signs are displayed, to close to vehicles (except works vehicles) in these roads.
2. Whilst the works are being carried out, no person shall cause or permit any vehicle to enter or wait for any purpose, at any time, in the following roads:-
- | | |
|---|---|
| (a) Badlis Road E17 | (b) Belle Vue Road E17 |
| (c) Burnham Road E4 | (d) Capworth Street E10,
between Manor Rd
and High Rd E10 |
| (e) Chingford Avenue E4 | (f) College Road E17 |
| (g) Epping Glade E4 | (h) Eve Road E11 |
| (i) Hawkwood Crescent E4 | (j) Hillcrest Road E17 |
| (k) Larkshall Road E4, between
Ropers Avenue and Larkshall
Crescent | (l) Larkswood Road E4 |
| (m) Lawrence Avenue E17 | (n) Leucha Road E17 |
| (o) Leyton Park Road E10 | (p) Nutfield Road E15 |
| (q) Pearl Road E17 | (r) St Marys Road E10 |
| (s) Sewardstone Gardens E4 | (t) Sinclair Road E4 |
| (u) Vicarage Road E10 | (v) Westward Road E4 |
| (w) Wood Street E17, between
Lea Bridge Road and Fyfield Road | |
- (x) within 20 metres of the streets
or lengths of streets specified in
paragraphs (a) to (w) above.
3. Whilst the prohibitions referred to above remain in force, alternative routes for traffic would be indicated by traffic signs.
4. Vehicles waiting in disregard of this Order would be removed.
5. The prohibitions mentioned above would not apply in relation to any vehicle being used -
- (a) in connection with the said works; or
- (b) for ambulance, fire brigade or police purposes in an emergency, if the works allow.
6. The Order would come into operation on 11th May 2010 and would be valid for a maximum period of 18 months or until the works are completed, whichever is the sooner.
- NOTE: The roads would not be closed simultaneously but in a sequence as directed by the Council. Leaflets would be distributed and signage placed in advance of any works in the above mentioned roads which would give more specific details on the exact dates of the prohibitions, effects of any temporary traffic management and diversion routes as necessary.
- Dated 19th April 2010**
Mr K Valavan, Head of Highways and Infrastructure, Public Realm, Low Hall, Argall Avenue, London, E10 7A

Planning

LONDON BOROUGH OF WALTHAM FOREST PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 - SECTION 67

NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.

APPL.NO 2010/0400

APPLICANT Mr Mehmet Gul

ADDRESS 1st and 2nd floor flats

59 Orford Road Chingford London E17

PROPOSAL

Amendment to approved planning permission 2008/0512 for conversion of upper floors into 2x1 bed self contained flats with construction of ground floor rear extension to include internal alterations.

APPL.NO 2010/0387

APPLICANT Mr John Bateman

ADDRESS 54 Inks Green Chingford London E4 9EL

PROPOSAL Formation of vehicular crossover.

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice. Dated 19 April 2010

David Scourfield – Head of Development Management on Behalf of London Borough of Waltham Forest

LONDON BOROUGH OF WALTHAM FOREST PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 - SECTION 67

NOTICE IS HEREBY GIVEN that the following

application for a building within a Conservation Area has been made to this Authority. NOTICE IS HEREBY GIVEN that the following application for Listed building consent has been made to the Council concerning proposed development which would affect a Listed Building within a Conservation Area.

APPL.NO 2010/0401 2010/0402/LB

APPLICANT Mr & Mrs Stephen Bullen

ADDRESS Higham Villa 3 High Elms Woodford Green London IG8 0UP

PROPOSAL Alterations to roof.

Application for listed building consent for alterations to dwellinghouse.

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice. Dated 19 April 2010.

David Scourfield – Head of Development Management

on Behalf of London Borough of Waltham Forest

LONDON BOROUGH OF WALTHAM FOREST TOWN & COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995 - NOTICE UNDER ARTICLE 8 NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL.NO 2010/0390

ADDRESS 51-61 Hall Lane Chingford London E4 8HW PROPOSAL Demolition of existing buildings and redevelopment of site to provide 25 residential units, comprising of 15 flats (9x2 bed, 4x1 bed 1x3 bed and 1x1 bed disabled persons) in a three storey block and 10 x 2 storey houses (7x2 bed, 2x3 bed and 1x2 bed disabled persons) in 2 blocks at rear.

Provision of 15 car parking spaces including 2 disabled spaces.

APPLICANT Mr Anthony Scott.

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice. Dated this day 19 April 2010.

David Scourfield – Head of Development Management

on Behalf of London Borough of Waltham Forest

LONDON BOROUGH OF WALTHAM FOREST TOWN & COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995 - NOTICE UNDER ARTICLE 8 NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 - SECTION 67

NOTICE IS HEREBY GIVEN that the following application for Listed building consent has been made to the Council concerning proposed development which would affect a Listed Building within a Conservation Area.

APPL.NO 2010/0377/LA 2010/0378/CAC

ADDRESS Leytonstone Business and Enterprise Specialist School

159 Colworth Road Leytonstone London E11 1JD

PROPOSAL APPLICATIONS 2010/0377/LA AND 2010/0378/CAC Demolition of existing science/practical, music/drama and kitchen/dining blocks. Construction of part 3 to part 4 storey buildings to sports hall. Erection of single storey extension. Provision of an external lift to main building facing rear courtyard and refurbishment and remodelling

of existing buildings.

APPLICANT London Borough of Waltham Forest

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4JF between the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice. Dated this day 19 April 2010.

David Scourfield – Head of Development Management on Behalf of London Borough of Waltham Forest

Licence

NOTICE OF APPLICATION FOR THE GRANT OF A PREMISES LICENCE UNDER THE LICENSING ACT 2003

Notice is hereby given that I, Srinesa Sinnathurai, have applied to London Borough of Waltham Forest for a Premises Licence in respect of the premises known as DNS News, 40 Wood Street, London, E17 3HT as follows: 8am to 10pm open off licence. Any person wishing to make representation in respect of the above activities may do so by writing to: The licensing Section. Consumer Protection Service, Sycamore House, Forest Road, Walthamstow E17 4JF by 23rd April 2010.

A copy of application is kept by The Licensing Section. Consumer Protection Service, Sycamore House, Forest Road, Walthamstow E17 4JF. The application can be viewed during normal office hours. It is an offence knowingly or recklessly to make a false statement in connection with an application. The maximum fine for which a person is liable on summary conviction for making a false statement is a level 5 fine on the standard scale, which is currently £5,000.

Citizenship – what does it mean to you?

- ◆ *We need volunteers of all ages, who are passionate about the right of all older people to have their voices heard, to help us develop and build this exciting new initiative.*
- ◆ *We need volunteers who will act to support individual older people and groups of older people to participate as citizens at local and regional levels. For example, we need car owners to escort older people to events such as the Waltham Forest Wellbeing Forum.*
- ◆ *We need bilingual volunteers to support older people whose preferred language for discussion is not English.*
- ◆ *We need volunteers to help with the practicalities at events and meetings. And much more.*

For further information and an application pack, phone Arlene on 020 8558 5512 or visit www.ageconcernwf.org.uk

This is an Age Concern Waltham Forest initiative in partnership with Waltham Forest WellComm and funded by Lloyds TSB Foundation.

Waltham Forest Community Learning and Skills Service (CLaSS) Day, Evening & Weekend Courses for Adults

Welcome

Every year Waltham Forest Community Learning and Skills Service (CLaSS) runs nearly two thousand courses in over a hundred different venues in Leyton, Leytonstone, Walthamstow and Chingford. To find out more about our full range of courses and where they are held, contact us in person or by telephone or visit www.walthamforestclass.gov.uk

How to book

Booking by telephone or in person

You can book by telephone using a credit or debit card. Please have your card ready when you telephone. We confirm the booking as

soon as payment is authorized. Credit and debit card details are treated in the strictest confidence. Telephone either the

CLaSS Booking Line 020 8523 9355 - open Monday to Thursday 9.30am to 5.30pm or Friday 9.30am to 3.30pm - or any of our main centres:

Chestnuts House

398 Hoe Street, E17 9AA

020 8521 4311

Friday Hill House

Simmons Lane E4 6JH

020 8496 2980

Leyton Neighbourhood Learning Centre

3 The Square (Next to Asda) High Road E10 5NR

020 8558 6805

or Leytonstone Learning Link

23-25 North Birkbeck Road Leytonstone, E11 4JF
020 8988 0555

Bookings for any course can be made at:

- Tom Hood School, Terling Close E11 3NT
- Lammas School, Seymour Road E10 6XE
- Heathcote School, 96 Normanton Park E4 6ES
- Rush Croft Sports College, Rushcroft Road E4 8SG

When the centres are open for courses



For more information about our courses and how to book please go to www.walthamforestclass.gov.uk or pick up a prospectus from any of our centres

At last you can get the English qualification you deserve!

Can you understand the information below and then answer the question?

How will GM food be labelled?

Under the EC Novel Foods Regulation a genetically modified food will be labelled if it is judged, on the basis of sound scientific assessment, not to be equivalent to an existing food. Food will also require labelling if there are any ethical concerns or if it contains a genetically modified organism, even if it is equivalent to an existing food.

GM food will be labelled if:

- A It is equivalent to an existing food.
- B There are no ethical concerns.
- C It contains a genetically modified organism.
- D There is no scientific basis for it.

Did you get the answer right and you do not have a GCSE English grade A* – C or a Level 2 National Literacy qualification?

Then come along to one of our information and assessment sessions where we can help you get the qualification you deserve.

Information and assessment sessions are on

Thursday, May 6th 6.30 – 7.30pm
Chestnuts House, 398 Hoe Street,
Walthamstow, E17 9AA

Sunday, May 9th 11.00am – 12.00noon
Leyton Neighbourhood Learning Centre,
next to ASDA, 3 The Square,
High Road Leyton, E10 5NR

These sessions are not for lower level English or ESOL courses.

Answer at the bottom of the page

Fresh Start at Work supports you in thinking about returning to work and helps you identify the skills you already have and the skills you need to gain.

You spend time considering the different types of work you could do. We help you action plan to get in to work or training.

The course covers

- Job search
- Confidence building
- Computer skills
- Communication skills
- Maths

You will enter for a national literacy and numeracy qualification.

This course meets each week at Harmony Hall, Truro Road, Walthamstow, E17 7BY on

Tuesdays 10.00am – 12.00pm
Wednesdays 10.00am – 12.00pm and 1.00pm – 3.00pm
Thursdays 10.00am – 12.00pm and 1.00pm – 3.00pm

Course participants need to attend all five of the above sessions each week.

If you want to enroll on the Fresh Start at Work course, please come along to the information and assessment session on

Thursday, May 6th at 10.00am at Harmony Hall, Truro Road (off the High Street /market) Walthamstow, E17 7BY



The course begins on Tuesday, May 11th

Pathways to Employment

New opportunities to help you achieve the career you want

Do you want to work with people?

- As a teaching assistant
- As a play- worker
- In a nursery
- In a care home
- In a shop

We can give you help and information on the courses you need to do and the skills you need to develop so that you can work towards gaining the right combination of qualifications to get you into the job you want.

Do you want to work in an office?

- Doing accounts
- As an administrator

We can help you draw up your own personal action plan and support you in working through your very own pathway to employment.

Do you want help in knowing where to start?

We have a wide range of short accredited courses to help you work towards the job you want.

Please come along to our information and enrolment session on:

Saturday, April 24th 12.00 – 1.30pm
Chestnuts House, 398 Hoe Street, Walthamstow, E17 9AA

